

**Ministry of Science and Higher Education of the Russian Federation
Federal State Budgetary Educational Institution of Higher Education
"Kabardino-Balkarian State University named after K.M. Berbekov"
Medical Academy**

**The 55th International Scientific and Practical Conference
of students, postgraduates and young scientists
"TOPICAL ISSUES OF MEDICINE"
The 6-7 of November, 2025**

Dear colleagues!

The Organizing Committee invites you to participate in the 55th Anniversary

International Scientific and Practical Conference of Students, Postgraduates and Young Scientists "ACTUAL QUESTIONS OF MEDICINE"

Timeline: November 6-7, 2025

Working languages: Russian, English

Location: Russian Federation, Nalchik, Kabardino-Balkarian State University named after K.M. Berbekov (KBGU), Medical Academy

Sectional meetings will be held on the 6th of November at 2 p.m. in the medical academy building of KBGU at the address: Nalchik, Gorkogo str.. building N5

Plenary session and awarding of winners will be held on November 7 at 15.00 in the medical academy building of KBGU at the address Nalchik, Inessa Armand St., building N 1 a

Conference participants: schoolchildren, undergraduates, graduate students and young scientists up to 39 years old.

Forms of participation:

- full-time (multimedia report+ publication of the article in the conference proceedings)
- correspondence (publication of a paper in the conference proceedings)

Conference publications: the Conference Proceedings will be published in the

scientific electronic library eLIBRARY.RU with placement in RSCI. The proceedings will include the papers that have passed the anti-plagiarism check and have been approved by the editorial board.

The cost of contribution for publishing expenses is 1200 rubles for one article (the article cannot have more than 3 co-authors). Payment is made only after the article is reviewed and the editorial board makes a positive decision on publication by the following details:

CURRENT ACCOUNT: 40102810145370000070

BIK TOFC 018327106

TIN 0711037537// KPP 072501001

Beneficiary's bank: Branch - NB Kabardino-Balkarian Republic // UFK for the Kabardino-Balkarian Republic

Scientific directions (sections) of the conference:

- Normal and pathologic anatomy. Histology
- Normal and pathological physiology
- Microbiology, immunology, infectious diseases
- Surgery
- Therapy
- General medical practice
- Pediatric diseases, obstetrics and gynecology
- Neurology, psychiatry and addiction medicine
- Medical tourism, high mountain medicine and rehabilitation
- Health care organization and public health, preventive medicine
- Human hygiene and ecology
- History of medicine. Bioethics. Medical law
- Medical psychology
- Pharmacy and clinical pharmacology
- Topical issues of medicine (English section)
- Problems of nursing (section for students of medical colleges)
- Young medic (section for schoolchildren)

It is necessary to send the following materials to the email of the conference organizing committee for participation in the conference **-medconf-kbsu@mail.ru by October 15, 2025:**

- 1) request for participation (item I)

- 2) article in word format (item II)
- 3) scan of the article in pdf format with the signature of the scientific supervisor

In the subject line of the e-mail you should indicate the section of the conference and the name of the first author.

The deadline for receipt of materials for participation in the conference is **the 15th of October, 2025**.

Works that do not comply with the rules of design, as well as those sent after the deadline **will not be accepted for publication!**

After the editorial board has made a positive decision on the publication of your article in the Proceedings of the conference, it is necessary to pay the contribution for publishing costs by the above details and send the check to the conference mail **medconf-kbsu@mail.ru** , indicating in the subject line: ORGVZNOS and the name of the first author of the article.

Contact information:

- 1) 8-960-430-00-70 - Arkhestova Diana Ruslanovna, scientific director of the SSS of the KBGU Medical Academy, Candidate of Medical Sciences, Associate Professor of the Department of Pediatric Diseases, Obstetrics and Gynecology;
- 2) 8-964-033-31-44 - Umov Tembulat Alimbekovich, chairman of the SSS of the KBGU Medical Academy;
- 3) 8-928-707-74-74 - Marianna Mukhamedovna Oshnokova, Conference Secretary

Address of the conference organizing committee:

360022, Kabardino-Balkaria, Nalchik, Gorkogo Street/5, KBGU Medical Academy

I. Rules of registration of the application for participation in the conference

1. Surname First Name Patronymic (full name) of all co-authors (rapporteur underline)
2. Place of study (work), department, specialty, course
3. Name of scientific supervisors, their academic degree, title, position

4. Full name of the educational institution and department where the work was done
5. Title of the work and direction (section) to which the work belongs
6. Form of participation: full-time (report with publication of the article in the conference proceedings) or part-time (only publication of the article).
7. Operational telephone number
8. E-mail

II. Requirements for the design of the article:

1. Structural elements of the article

- Caption
- Relevance, aim and objectives of the study
- Materials and methods of research
- The results of the study and their discussion
- Findings or conclusion
- List of references

2. General requirements for the design of articles

- A4 format, portrait orientation
- Times New Roman font, font size - 14
- Alignment - page width
- Line spacing - 1.5
- Page margins: left - 3 cm, right - 1 cm, top - 2 cm, bottom - 2 cm
- Tables and graphic images (diagrams, charts, graphs, drawings, photos made with a resolution of at least 300 dpi) are inserted into the text.
- Tables are numbered (numbering is continuous) and signed at the top, and graphic images - at the bottom. All tables and images should be referenced in the text of the article
- The length of the article should not exceed 5 typewritten pages

2.1 Formatting of the title

At the beginning of the article is the title of the article (all letters capitalized, bold)

font), under it is the Surname of the author and co-author(s) (bold font), scientific supervisor(s), full name of the educational organization, country and city in nominative case, abstract and keywords in Russian and English.

2.2 Formatting of the main text of the article

Next follows the text of the article, which must necessarily contain the following sections:

- Relevance, aim and objectives of the study
- Materials and methods of research
- The results of the study and their discussion
- Findings or conclusion
- List of references

Sample article layout

ARTICLE TITLE

Ivanov A.A., Petrov B.B.

Supervisor - Doctor of medical sciences, Professor Vasiliev V.V.
FSBEI HE "Kabardino-Balkarian State University named after K.M. Berbekov",
Nalchik, Russian Federation

Annotation

Keywords

Abstract

Keywords

Relevance

Purpose of the study

Objectives

Materials and methods of research

The results of the study and their discussion

Findings or conclusion

List of references

2.3 Formatting the list of references

The numbering of literature sources in the reference list is determined by the order of their first mentioning in the text of the article, not alphabetical order.

Bibliographic references are given in Arabic numerals in square brackets.

Example: J. Kajahn et al. (2012) created in vitro simulation of the proinflammatory microenvironment of endoprostheses, which promoted monocyte differentiation in the M1 direction [50].

The nomenclature of journal titles recommended by Index Medicus (www.nlm.nih.gov) should be used in the design of the reference list.

Citation by

author-date system is not allowed. In bibliographic references should be mentioned all authors (surname and after it initials with dots), in case of four or more authors, it is necessary to list the first three authors after a comma and add: "and coauthors". (et al.), and no comma should be placed before et al.

Example: Takeuchi T., Tsuboi T., Arai M. et al. Adrenergic stimulation of osteoclastogenesis mediated by expression of osteoclast differentiation factor in MC3T3-E1 osteoblast-like cells. *Biochem. Pharmacol.* 2001; 61(5): 579-86.

If the abbreviated name of the journal is given, dots should be put after the abbreviations; if the full name is given, dots should NOT be put after the journal name and before the year of issue of the journal.

Examples: Elefteriou F. Impact of the Autonomic Nervous System on the Skeleton. *Physiol. Rev.* 2018; 98(3): 1083-112. Bonnet N., Gadois C., McCloskey E. et al. Protective effect of β blockers in postmenopausal women: influence on fractures, bone density, micro and macroarchitecture. *Bone* 2007; 40(5): 1209- 16.

A space is needed after all punctuation except initials.

Example: *Bone* 2007; 40(5): 1209-16.

If several references are cited in the text, they should be given in single brackets: [11, 15, 17]

If several consecutive references are cited in the text, they should be abbreviated with a hyphen, e.g.: [11, 12, 13, 14] should be: [11-14]

If there are only two consecutive references, then comma separated: [15, 16]

Examples of citations of various literary sources

Journal article:

Bryukhovetsky I.S., Mishchenko P.V., Bryukhovetsky A.S. et al. Interaction of hematopoietic stem and tumor cells in vitro. *Pacific*

Medical Journal 2014; 4: 31-37. [Bryukhovetskiy I.S., Mishchenko P.V., Bryukhovetskiy A.S. et al. Interaction of the hematopoietic stem cells and tumor cells in vitro. The Pacific Medical Journal 2014; 4: 31-37]. Vega K.J., Pina L., Krevsky B. Heart transplantation is associated with an increased risk for pancreatobiliary disease. Ann. Intern. Med. 1996; 124(II): 980-983.

Organization as an author:

The Cardiac Society of Australia and New Zealand. Clinical exercise stress testing. Safety and performance guidelines. Med. J. Aust. 1996; 164: 282-284.

Author not stated:

Cancer in South Africa [editorial]. S. Afr. Med. J. 1994; 84: 15. A volume with an appendix: Shen H.M., Zhang Q.F.. Risk assessment of nickel carcinogenicity and occupational lung cancer. Environ Health Perspect. 1994; 102 Suppl 1: 275-282.

A volume divided into parts:

Ozben T, Nacitarhan S, Tuncer N. Plasma and urine sialic acid in non-insulin dependent diabetes mellitus. Ann. Clin. Biochem. 1995; 32(Pt 3): 303-306. Individuals as authors of the book: Ringsven M.K., Bond D. Gerontology and leadership skills for nurses. 2nd ed. Albany [NY]: Delmar Publishers; 1996.

Editors, compilers as authors of the book:

Norman I.J., Redfern S.J., editors. Mental health care for elderly people. New York: Churchill Livingstone; 1996. Organization as author and publisher: Institute of Medicine [US]. Looking at the future of the Medicaid program. Washington: The Institute; 1992.

A chapter in the book:

Phillips S.J., Whisnant J.P. Hypertension and stroke. In: Laragh J.H., Brenner B.M., editors. Hypertension: pathophysiology, diagnosis, and management. 2nd ed. New York: Raven Press; 1995. p. 465-478.

Proceedings of the conference:

Kimura J., Shibasaki H., editors. Recent advances in clinical neurophysiology. Proceedings of the 10th International Congress of EMG and Clinical Neurophysiology; 1995 Oct 15-19; Kyoto, Japan. Amsterdam: Elsevier; 1996.

Conference Report:

Bengtsson S., Solheim B.G. Enforcement of data protection, privacy and security in medical informatics. In: Lun K.C., Degoulet P., Piemme T.E., Rienhoff O., editors. MEDINFO 92. Proceedings of the 7th World

Congress on Medical Informatics; 1992 Sep 6-10; Geneva, Switzerland. Amsterdam: North-Holland; 1992. p. 1561-1565.

Scientific or technical report:

Smith P., Golladay K. Payment for durable medical equipment billed during skilled nursing facility stays. Final report. Dallas GGH): Dept. of Health and Human Services [US], Office of Evaluation and Inspections; 1994 Oct. Report No.: HHSI-GOEI69200860.

Dissertation:

Kaplan S.J.. Post-hospital home health care: the elderly's access and utilization [dissertation]. St. Louis [MO]: Washington Univ.; 1995.

Patent:

Larsen C.E., Trip R., Johnson C.R., inventors; No-voste Corporation, assignee. Methods for procedures related to the electrophysiology of the heart. US patent 5,529,067. 1995 Jun25. Nasredinov A.S. Method of decellularization of small caliber blood vessels. Russian Federation patent for invention №2504334. November 28, 2012.

Code of Federal Regulations:

Informed Consent, 42 C.F.R. Sect. 441.257 [1995].

Dictionaries and similar publications:

Stedman's medical dictionary. 26th ed. Baltimore: Williams S. Wilkins; 1995. Apraxia; p. 119-120.

Classic Literature:

The Winter's Tale: act 5, scene 1, lines 13-16. The complete works of William Shakespeare. London: Rex; 1973.

Unpublished materials/Materials in press:

Leshner A.I. Molecular mechanisms of cocaine addiction. N. Engl. J. Med. In press 1996.

Publication from the Internet:

Poddubny I.V., Vasiliev A.V., Faizullin A.K. et al. Tissue engineering reconstruction of urethra in children suffering severe hyposplodias: experimental and clinical findings,
[http://celltranspl.ru/journal/experim/?MESSAGES\[1hSHOW_PUBLICATION_ID\]=806](http://celltranspl.ru/journal/experim/?MESSAGES[1hSHOW_PUBLICATION_ID]=806).

Formalization of references to legislative documents

Federal Laws:

Federal Law of 12.04.2010 No. 61-FZ "On Circulation of Medicines". Reference legal system "Garant". [Federal Law №61-FL of 12.04.2010 "On the Circulation of Medicinal Products" (with amendments and

additions, intro. effective from 01.01.2021). Reference legal system "Garant"].

Ministry Orders:

Order of the Ministry of Health of the Russian Federation of December 20, 2012, No. 1177n "On Approval of the Procedure for Giving Informed Voluntary Consent to Medical Intervention and Refusal of Medical Intervention with Respect to Certain Types of Medical Interventions, Forms of Informed Voluntary Consent to Medical Intervention and Forms of Refusal of Medical Intervention". Reference legal system "Garant".

Directives:

Commission Directive (EU) 2015/566 of 08.04.2015 implementing Directive 2004/23/EC as regards procedures for checking equivalence of quality and safety standards for imported tissues and cells, <http://pharmadvisor.ru/document/tr3700/>

Government Orders:

Order of the Government of the Russian Federation of December 27, 2018 № 2950-r "On Approval of the Concept of Volunteerism (Volunteering) Development in the Russian Federation until 2025". Reference legal system "Garant". [Decree of the Government of the Russian Federation № 2950-r of December 27, 2018. "On Approval of the Concept of Development of Volunteerism (Volunteerism) in the Russian Federation until 2025". Reference legal system "Garant"]].

Government Resolutions:

Resolution of the Government of the Russian Federation No. 441 of April 3, 2020 "On Peculiarities of Circulation of Medicinal Products for Medical Use, which are intended for use in conditions of threat of emergence, emergence and liquidation of an emergency situation and for organization of medical assistance to persons affected by emergencies, prevention of emergencies, prevention and treatment of diseases that pose a danger to others, diseases and lesions resulting from the impact of adverse events".

Reference legal system "Garant". [Decree of the Government of the Russian Federation № 441 of April 3, 2020 "On the Peculiarities of the circulation of medicines for medical use that are intended for use in conditions of Threat of Occurrence, Occurrence and liquidation of an Emergency Situation and for the organization of medical care to persons Affected by emergency situations, prevention of emergency situations, prevention and treatment of diseases that pose a danger

to others, diseases and lesions resulting from exposure to adverse chemical, biological, radiation factors". Reference legal system "Garant"].

Constitution of the Russian Federation:

Constitution of the Russian Federation with amendments adopted at the All-Russian vote on July 1, 2020. Reference legal system "Garant". [The Constitution of the Russian Federation as amended by the All-Russian vote on July 1, 2020. Reference legal system "Garant"].

National Standards of the Russian Federation: National Standard of the Russian Federation (GOST R 52379-2005) "Good clinical practice". [National Standard of the Russian Federation (GOST R 52379-2005) "Good clinical practice".]

GOST R 52938-2008. Date of introduction: 2009-03-01. "National standard of the Russian Federation. Donor blood and its components. Containers with preserved blood or its components. Labeling", <http://docs.cntd.ru/document/gost-r-52938-2008>